

Patient's Treatment Goals

Hormone replacement in an individual with hormone deficiencies may lead to improvement of some medical conditions. BioMD Balance Solutions does not directly address these overt medical conditions, but only the underlying hormonal deficiency. What we do recommend is that once hormonal deficiencies are documented that you begin a program of hormone replacement (supplementation) for a period of 3 to 6 months before deciding if there have been any appreciable benefits.

Treatment Goals

| | Psychological Attributes | | Physical Attributes |
|--|----------------------------------|--|--------------------------------|
| | Improve on mild depression | | Decrease percent body fat |
| | Increase mental energy | | Increase lean body mass |
| | Increase libido | | Improve post exercise recovery |
| | Improve upon erections | | Increase physical energy |
| | Improve on hair condition | | Improve muscle strength |
| | Improve memory | | Improve quality of skin |
| | Increase mental alertness | | Decrease frequency of colds |
| | Improve upon mood | | Decrease Menopause symptoms |
| | Improve upon sleep | | |
| | Improve upon sense of well-being | | |

 Name

Date